**ADIA R. LOUDEN, MPH**

**(she/her/hers)**

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**PROFESSIONAL SUMMARY**

Writer. Researcher. Storyteller. Soul-searcher. I am a second-year doctoral student in the Department of Maternal and Child Health at the Gillings School of Global Public Health at the University of North Carolina-Chapel Hill, the nation’s top *public* school of public health. My distinct life purpose is to be a change agent in centering the narratives of Black communities and closing the gap between Black people and access to safe and inclusive environments that promote well-being. I leverage my passion for writing and public health research to advance health and equity for Black youth, families, and communities. I completed a Master of Public Health degree in Epidemiology and a Certificate in Maternal and Child Health at Emory University in Atlanta, Georgia. I also completed and published my culminating thesis and was awarded the James W. Alley Award for the student with the greatest service to disadvantaged populations. I am an independent freelance writer, where I write for companies, organizations, blogs, and individuals who have focused commitments on advancing public health and well-being. My current research interests are in neighborhood investments, toxic Black masculinity, enhancing racial equity, and reducing violence in Black communities.

**EDUCATION**

Ph.D. Department of Maternal and Child Health, Gillings School of Global Public Health, University of North Carolina at Chapel Hill, Anticipated Graduation Date: 2026

MPH Department of Epidemiology, Emory University, 2019

B.S. Department of Biology, Claflin University, 2017, Magna Cum Laude

**PROFESSIONAL EXPERIENCE**

2022-Present **Graduate Writing Coach**, The Writing Center, University of North Carolina at Chapel Hill, Chapel Hill, NC

2022-Present **Research Assistant**, Patterns of Intimate Partner Violence from Adolescence into

Adulthood among Sexual Minorities and Heterosexuals Project. Department of

Maternal and Child Health, Gillings School of Global Public Health, University

of North Carolina at Chapel Hill, Chapel Hill, NC

2022 **Title V MCH Intern**, Wisconsin Department of Health Services, Madison, WI

2022 **Qualitative Research Ambassador**, ResearchTalk, Cary, NC

2022 **Research Consultant**, Community Architecture to Achieve & Sustain Equity Project, Vijaya K. Hogan Consulting, LLC

2021 **Teaching Assistant**, Course: Gender-Based Violence. Department of Maternal

And Child Health, Gillings School of Global Public Health*,* University of North

Carolina at Chapel Hill

2021-2022 **Freelance Writer**, PC Crew, Passion Collective, Minnesota, MN

2019-2021 **Data Analyst**, SC Department of Probation, Parole, and Pardon Services, Columbia, SC

2019 **Reproductive Health Data Analyst**, Division of Reproductive Health, Centers for Disease Control and Prevention, Chamblee, GA

2019 **Instructor,** Emory University School of Medicine*,* Program: Emory Pipeline.

Collaborative (EPiC)

2018-2019 **Policy Intern**, Georgia Coalition Against Domestic Violence, Atlanta, GA

2018 **Research Intern**, Safe Mothers, Safe Babies, Iganga, Uganda

**HONORS AND AWARDS**

2023 UNC Center of Excellence in Maternal and Child Epidemiology Doctoral Training Program, Grant Award Recipient

2022 Sisters in Public Health Lockett Award Scholarship Recipient

2021 UNC Center of Excellence in Maternal and Child Health Education, Science and

Practice, Doctoral Scholar Award

2021 Central South Carolina Mensa Scholarship

2019 James W. Alley Award, Emory University

2018 Global Field Experience (GFE) Award, Emory University

2018 Boozer-Noether Scholar, Emory University

2017 Lettie Pate Whitehead Scholar, Emory University

2016 Distinguished Freemont Scholar, Freemont Foundation

2014 Gold Award, Girl Scouts of America

**PUBLICATIONS**

**In Progress**

Halpern, CT., Turner, M., Shanahan, M., Sharpless, L., **Louden, A.R.**, Deshpande, P., Martin, S. Prevalence of Intimate Partner Violence in Young to Middle Adulthood: Associations with Respondent Gender, Sexual Orientation, and Partner Gender. *In progress.*

Halpern, CT., Turner, M., Shanahan, M., Sharpless, L., **Louden, A.R.**, Martin, S. Intimate Partner Violence in Mid-Adulthood: Patterns of Perpetration and Victimization by Sexual Orientation. *In progress.*

**Louden, A.R.**, Hayes, C. Young, A. A Systematic Review of The Help-Seeking Experiences of Diverse U.S. Black Women in Abusive Relationships. *In progress.*

**Peer-Reviewed Journal Articles**

**Louden, A.R**., Suhl, J., Kancherla, V., Caspers Conway, K. M., Makelarski, J., Howley, M. M., Hoyt, A. T., Olney, R. S., Olshan, A. F., Romitti, P. A., & National Birth Defects Prevention Study (2020). Association Between Maternal Periconceptional Alcohol Consumption and Neural Tube Defects: Findings from the National Birth Defects Prevention Study, 1997-2011. *Birth defects research*, *112*(5), 427–439. https://doi.org/10.1002/bdr2.1656

Hsu, S., Gordon, B. A., Hornbeck, R., Norton, J. B., Levitch, D., **Louden, A**., Ziegemeier, E., Laforce, R., Jr, Chhatwal, J., Day, G. S., McDade, E., Morris, J. C., Fagan, A. M., Benzinger, T., Goate, A. M., Cruchaga, C., Bateman, R. J., Dominantly Inherited Alzheimer Network (DIAN), & Karch, C. M. (2018). Discovery and validation of autosomal dominant Alzheimer's disease mutations. *Alzheimer's research & therapy*, 10(1), 67. <https://doi.org/10.1186/s13195-018-0392-9>

**Freelance Public Health Articles**

**Louden, A. R.** Black Women, Heart Health & COVID-19. A Q&A with Dr. Jayne Morgan.*Hope Magazine* (Winter 2021) pp. 34-35.

**Louden, A. R.** Fertility for Colored Girls: Rev. Dr. Stacey Edwards-Dunn & Facts About Babies After 35. (2021). *Hope Magazine*. Available at: <https://www.hopeforwomenmag.com/hope-for-women-magazine/2021/10/13/fertility-for-colored-girls-rev-dr-stacey-edwards-dunn-amp-facts-about-babies-after-35>

**Louden, A. R**. Why Does She Stay?” The Question We Should Never Ask. (2021). *Hope Magazine*. Available at: <https://www.hopeforwomenmag.com/hope-for-women-magazine/2021/9/30/why-does-she-stay-the-question-we-should-never-ask>

**Louden, A.R.** Trauma, Self-Care, and Helping Professions. (2021). *Hope Magazine*. Available at: <https://www.hopeforwomenmag.com/hope-for-women-magazine/2021/8/23/trauma-self-care-and-helping-professions>

**Louden, A. R.** Black Girl Magic, Mental Health, and Suicide Prevention Awareness Month. (2021). *Hope Magazine*. Retrieved from: <https://www.hopeforwomenmag.com/hope-for-women-magazine/2021/9/1/black-girl-magic-mental-health-amp-suicide-prevention-awareness-month>

**Louden, A. R.** Thyroid Issues in Women: What You Need to Know. (2021). *Hope Magazine*. Retrieved from: <https://www.hopeforwomenmag.com/hope-for-women-magazine/2021/7/22/thyroid-issues-in-women-what-you-need-to-know>

**Other Freelance Articles**

**Louden, A.R.** Heart on Ice: Walking Away…Even When It’s Hard. (2022). *Hope Magazine*. Available at:<https://www.hopeforwomenmag.com/hope-for-women-magazine/2022/1/8/heart-on-ice-walking-away-even-when-its-hard>

**Louden, A.R.** Baggage Claim. (2022). *Hope Magazine*. Available at: <https://www.hopeforwomenmag.com/hope-for-women-magazine/2022/1/3/baggage-claim>

**Louden, A. R.** Attitude of Gratitude.*Hope Magazine,* Winter 2021, pp. 30-31.

**Louden, A. R.** Things to Do if You’re Serious About Channeling your Inner Wolf in 2022. (2021). *Hope Magazine*. Available at: <https://www.hopeforwomenmag.com/hope-for-women-magazine/2021/12/5/things-to-do-if-youre-serious-about-channeling-your-inner-wolf-in-2022>

**Louden, A.R.** How to Let Go: Releasing Your Scarcity Mindset Before the New Year. (2021). *Hope Magazine.* Available at: <https://www.hopeforwomenmag.com/hope-for-women-magazine/2021/12/2/how-to-let-go-releasing-your-scarcity-mindset-before-the-new-year>

**Louden, A. R**. Create Space: How Arielle Grant Encourages Black and Brown Women to Be Well. (2021). *Passion Collective*. Available at: <https://www.passioncollective.co/get-reading/2021/8/17/create-space-how-arielle-grant-encourages-black-and-brown-women-to-be-well>

**PRESENTATIONS**

Hayes, CM. Yates, L. **Louden, A.R.** They Don’t See Us: Black Girl Magic, Self-Preservation, & Mentorship in The Academy. 2022. Faculty Women of Color in The Academy Conference. *Asynchronous Presentation.*

**Louden, A.R.**, Hayes, C. Young, A. “I Know Why The Caged Bird Sings”: A Systematic Review of The Experiences of Diverse U.S. Black Women in Abusive Relationships. Making Lifelong Connections Conference. *Poster Presentation.*

**SERVICE AND COMMUNITY ENGAGEMENT**

2021-Present +256 Youth Platform, Board Member

2021 Alumni Interviewer, Emory University

2019-2021 Troop Leader, Volunteer, Girl Scouts of South Carolina

2017-2018 Community Educator, Alzheimer’s Association

**MEMBERSHIPS**

Present Association of Teachers of Maternal and Child Health